

THE SPROCKET

Newsletter of the Southern Indiana Wheelmen
July – August 2000



Charlie & Delores Oberhausen
(S.I.W. Picnic 2000)

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President's Message

Paul Beach

The riding season is starting off well for S.I.W. with good attendance on weeknight rides and a variety of well-marked routes – I haven't even gotten lost (yet)! The Tuesday night ride has staggered starts and is a joint ride with the Slow Spokes.

We've already had several club activities such as the De Vinci Criterium, Meet & Eat at Sportstime Pizza in New Albany and the annual S.I.W. Picnic. I want to thank everyone who volunteered at the Criterium and to pass along a special thanks from Sam Schad. Also, thanks to Mike Truitt for setting up our Meet & Eat at Sportstime Pizza. We were really treated great and their service and food was outstanding. The picnic was a success, we had about 40 people, great weather, and great food and fellowship.

As always, there are a lot of great rides and activities coming up, so watch your schedule and read your newsletter. Our next club meeting is Thursday, July 20, at 7:15 at the Clarksville Library. All members are welcome.

See you on the road. Ride safely and enjoy.

It was Spring Again

Mike Truitt

... this year I'd earn that thousand mile mug, captain some rides, and volunteer at some club-sponsored events (*maybe write an article for the newsletter*). With that in mind I decided to see what the *inner circle* did at those Wheelmen meetings at the library. When I got there, men and women were seated at oblong tables set in the shape of a rectangle. **Hmmm.** Members greeted me and I was offered a chair. As I tried to place names with faces, Bob Peters arrived and the meeting soon began. I figured he had just closed the bike shop and that brought back some memories. During my college days I admired bikes at Scotty's in New Albany and Victory Cycles in downtown Louisville but I saved for a new car. My friends and I split shipping and bought gear from mail order companies like Pedal Pushers, Lickton" Cycle City (*call Mr. Felz*) and Bike Warehouse (*that's Nashbar now, folks!*). A few years after graduation I went to Clarksville Schwinn to ask how much a Paramount would cost. Bob told me. **OW!** The price list I had

was eight years old at the time. I thought I had maintained my composure well as I dealt with this harsh lesson on the state of the American Bicycle Industry. I'm sure Bob saw the pained look on my face. He told me about a company in Waterloo, Wisconsin that produced bikes with frames made from Reynolds (*five-three-one*) tubes that sold for sane prices. So I bought a Trek and sang the praises of the bike and the bike shop to anyone who would listen to me. If a relationship became serious, I'd have my lady buy a bike from the shop so she could share my passion for cycling. I probably taught a couple of them how to hate the pastime. One poor soul was perfectly content with the rattling nose coming from her back wheel. As I told her to move the right shift lever to re-center the rear derailleur, I hooked her handlebar with mine and took us both down! Luckily, we weren't going fast. Nowadays my wife Sandy will ride with me if I promise not to mention gear inches or cadence.

Well it's Spring again and this year maybe I can encourage someone to hop on a bike with my enthusiasm, not for fault finding, but in describing those moments when I get that first-ride-as-a-kid feeling of freedom and adventure. You know, Schwinn reintroduced the Paramount line in 1998...wonder how much they cost? **OUCH**, that still hurts!

Oriental Cabbage Salad

Joan Gilley

(Editor: Joan brought this wonderful salad to the S.I.W. Picnic this year. Everyone loved it and asked her for the recipe.)

Oriental Cabbage Salad

- 1 lb. shredded cabbage (in bag)
- 2 pkg. chicken ramen noodles
- 1 t. sesame seeds
- 1 sm. pkg. almonds
- 4 - 6 green onions chopped

Sauté almonds and sesame seeds in microwave for a few minutes. Pound noodles and shake them into a bowl with the cabbage and the other ingredients. Mix. Let stand at least 3 hours or overnight.

Dressing

- 1/3-cup salad oil
- 3-T. vinegar (rice wine)
- 2 t. sugar
- 1/2 t. pepper
- 1 t. salt
- seasoning from noodles



Donnie & Pat Gladin
Two great ride captains.

A Rainy Saturday Morning

The Kimers

It had been such a dry Spring, could it possibly rain on Saturday morning? Sure it could, just ask Donnie & Pat Gladin. The last weekend in May, they put on a "Ride and Munch". Lucky for the group attending, the rain didn't keep Pat from preparing a ton of delicious food. She had pastries, juices, and coffee before the ride and three different quiches for when the riders returned.

David Campbell was the only soul brave enough to leave all the food behind and actually do the bike route that Donnie had marked the night before. The rest of us (Ken & Jodi, Paul & Barb, Ron & Malvery, Phyllis, Jim Whaley, Natalie Kern) made the ultimate sacrifice and stayed dry in Donnie & Pat's lovely home nibbling and munching on all the goodies. After socializing and eating for 3 hours, we all decided the rainy ride was a success. The group would like to thank Donnie & Pat for all their hard work, we really had a great time.



Steve Merker's latest restoration.
Ready for show competition except
for its original Jaguar hood ornament.